

JUST FOR PARENTS

Today, your children learned about Temptations

The Bible tells us that right after Jesus was baptized, he went into the wilderness by himself to fast and pray. During his 40 days in the desert he was tempted 3 times.

- Jesus' 3 temptations
 1. To turn the stones into food because Jesus was very hungry
 2. To perform a miracle to prove he was the Son of God
 3. To gain power to rule all the kingdoms

Jesus resisted these temptations. During Lent, we focus on resisting temptation in our lives. We renew our commitment to resist certain temptations, but our efforts during Lent are only the beginning. We pray that what we begin during each Lent will continue long after.

The children also learned how to pray the Prayer of Forgiveness

Prayer of Forgiveness

My God, I am sorry for my sins with all my heart.

In choosing to do wrong and failing to do good,

I have sinned against you whom I should love above all things.

I firmly intend, with your help,

To do penance,

To sin no more,

And to avoid whatever leads to sin.

