

JUST FOR PARENTS...

First Sunday of Advent - Zechariah and Elizabeth

Today we begin the season of [Advent](#), which marks the start of a new liturgical year for the Church. The readings for Sunday Mass are arranged on a three-year cycle. Each year features a different Gospel—Matthew, Mark, or Luke. Readings from the Gospel of John are interspersed throughout all three years. With this year's first Sunday of Advent, we begin Cycle B of the Lectionary, which focuses our attention on the Gospel of Mark. This week and next week, our readings from Mark's Gospel present two important Advent themes: the Lord's return at the end of time and John the Baptist's preparation for Jesus.

Today's Gospel is taken from the end of Mark's Gospel, the chapter that immediately precedes Mark's account of Jesus' Passion. Having been questioned repeatedly by the scribes and the Pharisees, Jesus is now questioned by his disciples—Peter, James, John, and Andrew—who want details about his prediction of the destruction of the Temple. Jesus answers with many warnings about the difficulties that the disciples will face.

Today's passage comes at the conclusion of Jesus' warnings to his disciples. Jesus emphasizes the need for watchfulness. The Son of Man will come without warning; only the Father knows the exact hour. The disciples must not be caught unprepared when this time comes.

In family life, we try to prepare ourselves for many future things: our next vacation, our children's education, our retirement. We are careful not to allow ourselves to be caught by surprise so that we can handle any challenges our family may face. Today's Gospel reminds us that we are called to be just as attentive and alert to the coming of the Son of Man so that it will not catch us unprepared. This means attending to our family's spiritual life as carefully as we attend to other important family matters. During Advent, we not only prepare ourselves to celebrate the birth of Jesus, we also check to see if we are doing all the things that will keep us ready to receive Jesus when he comes again.

As you gather as a family:

- Talk about a time when you received surprise visitors at your house, perhaps a neighbor who stopped by or a relative who arrived unannounced. Was your household prepared to receive this unannounced guest? What might your family have done differently if you knew ahead of time that this visitor was going to arrive? Jesus told his disciples that no one knows when the Son of Man will return, except the Father.
- Read what Jesus told his disciples in today's Gospel, Mark 13:33-37.
- Talk about how your family can recommit to daily prayer, reading Scripture, and staying faithful to God's commandments.
- Pray together that through this Advent season your family will be more prepared to receive Jesus when he comes again.